

Practical Sustainability Series offers practical and affordable action steps: HRRC's popular lecture series will resume with a re-discovery of "**What Grandma Knew**" on Wednesday, September 12th at 7 pm at the Heights Libraries Lee Road branch. Fred Cortright of oneloom.net will discuss practices and mindsets from earlier times that can help people save resources and money today.

The series will continue on October 10th with "**Inside the Envelope: Low-Cost and Sustainable Practices for Home Heating and Cooling.**" Fred Cortright will be joined by Cynthia Trotta from GoodCents for a discussion of relatively cheap, relatively easy, and yet high-impact changes people can make to improve their home's energy performance.

The final presentation of the year will be "**Coops, Co-Ops, and Cooperation: Sustainability from a Neighborhood Perspective**" on November 14th. This presentation will discuss what is to be gained – for one, for all – by taking a broader, neighborhood approach to sustainability.

HRRC's Practical Sustainability presentations are free and open to residents of all communities. Reservations are requested; call (216) 381-6100, ext. 16 or email rstager@hrrc-ch.org.